All activities or processes, during the lifetime of a product’s result in environmental impacts due to consumption of resources, emissions of substances into the natural environment, and other environmental exchanges. Environmental impacts commonly assessed include climate change, stratospheric ozone depletion, tropospheric ozone (smog) creation, eutrophication, acidification and many others.

The tool of LCA, is a quite young tool, firstly developed in 1960s and used for pollution prevention in 1970s. Consequently, there are no specific procedure, and guidelines to be followed for the completion of an LCA, but a number of different approaches, which depend on the issue that needs to be solved through the LCA.

The basic principle behind this tool is the identification and description of all the stages that are involved in the life cycle of products, from the extraction and pre-treatment of the raw materials, the production, transfer, distribution and use of the final product until the possible reuse, recycle or disposal of the waste deriving from this product.

Figure 1. Life cycle of a product

Figure 2. General Overview of a Life Cycle Assessment of a product
LCA is used to provide a systematic framework that helps to identify, quantify, interpret and evaluate the environmental impacts of a product, function or service in an orderly way. It is a diagnostic tool which can be used to compare existing products or services with each other or with a standard, which may indicate promising areas for improvement in existing products and which may aid in the design of new products.

The main procedure steps for a Life Cycle Assessment are four:
1. **Definition** of goal and scope of the study.
2. **Model preparation** of the product life cycle including environmental inflows and outflows. This stage, during which data is collected, is usually referred to as Life Cycle Inventory (LCI).
3. The stage at which environmental relevance of all inflows and outflows are understood, is known as Life Cycle Impact Assessment (LCIA).
4. **Finally, study interpretation**.

Typically, the system is a **static simulation model**: It consists of unit processes, each representing one or several activities (e.g. production, transportation). For each unit processes, there is:
- **Input** - resources, emissions, and environmental exchanges
- **Intermediate product flows** - linking the unit processes. Theses are the reference flows, that are the amounts of specific product flows for each of the compared systems required to produce one unit of the function. The reference flow then becomes the starting point for building the necessary models of the product systems.
FUNCTIONAL UNIT
The functional unit is a key element of LCA which has to be clearly defined. The functional unit is a measure of the function of the studied system and it provides a reference to which the inputs and outputs can be related. This enables comparison of two essential different systems. Definition of a functional unit could be difficult. The definition should be precise and comparable enough so that the unit can be used throughout the study as reference.
For example, the functional unit for a paint system may be defined as the unit surface protected for 10 years. A comparison of the environmental impact of two different paint systems with the same functional unit is therefore possible.
The functional unit used for a project should be determined though the elaboration of the collected data and study. Also, potential restrictions with respect to the depth of the study, the sources and quality of data are determined during the process of the study.

SYSTEM BOUNDARIES
The system boundaries determine which unit processes to be included in the LCA study. Defining system boundaries is partly based on a subjective choice, made during the scope phase when the boundaries are initially set. The following boundaries can be considered:

Boundaries between the technological system and nature. A life cycle usually begins at the extraction point of raw materials and energy carriers from nature. Final stages normally include waste generation and/or heat production.

Geographical area. Geography plays a crucial role in most LCA studies, e.g. infrastructures, such as electricity production, waste management and transport systems, vary from one region to another. Moreover, ecosystems sensitivity to environmental impacts differs regionally too.

Time horizon. Boundaries must be set not only in space, but also in time. Basically LCAs are carried out to evaluate present impacts and predict future scenarios. Limitations to time boundaries are given by technologies involved, pollutants lifespan, etc.

Boundaries between the current life cycle and related life cycles of other technical systems. Most activities are interrelated, and therefore must be isolated from each other for further study. For example production of capital goods, economic feasibility of new and more environmentally friendly processes can be evaluated in comparison with currently used technology. Interrelation of product systems has the tendency to be interrelated in a very complex manner. Ideally, life cycles of products used to produce the materials and product under investigation are also required. That however would lead to an endless and complex list of inflows and outflows. Consequently, limits, boundaries have to be set for the exclusion of certain parts, which can however alter the final output of the study. A diagram of the system is very helpful for the identification of the boundaries, and so are some choices such as production and disposal of capital goods, and nature boundaries.

DATA QUALITY REQUIREMENTS
Reliability of the results from LCA studies strongly depends on the extent to which data quality requirements are met. The following parameters should be taken into account:

Time-related coverage, Geographical coverage, Technology coverage, Precision, completeness representativeness of the data. Consistency and reproducibility of the methods used throughout the data collection. Uncertainty of the information and data gaps.

Threshold points can also be placed in addition to the boundaries, below or above which data collection for inflow or outflow can not be considered, increasing the quality and usefulness of the data.

Figure 4. Schematic Illustration of the LCA stages

<table>
<thead>
<tr>
<th>Determination of the scope and depth of the study</th>
</tr>
</thead>
<tbody>
<tr>
<td>Inventory of data and information</td>
</tr>
<tr>
<td>Assessment of environmental impacts</td>
</tr>
<tr>
<td>Interpretation of data and information</td>
</tr>
</tbody>
</table>
DATA COLLECTION: LIFE CYCLE INVENTORY

LCI comprises of all stages dealing with data retrieval and management. Data for each process considered is required for the completion of the model. This data set is a compilation of inputs and outputs related to the function or product generated by the process.

The forms to be used for data collection must be properly designed for optimal collection. Subsequently data is validated and related to the functional unit in order to allow the aggregation of results. A very sensitive step in this calculation process is the allocation of flows e.g. releases to air, water and land. Most of the existing technical systems yield more than one product. Therefore, materials and energy flows regarding the process as a whole, as well as environmental releases must often be allocated to the different products.

The data collection is the most resource consuming part of the LCA. Reuse of data from other studies can simplify the work but this must be made with great care so that the data is representative. Nevertheless, product systems usually contain process types common to nearly all studies, namely, energy supply, transport, waste treatment services, and the production of commodity chemicals and materials. The quality aspect is therefore also crucial. Problems that may be faced by people performing the LCI during data collection include:

- Large number of unit processes resulting to mutual learning of many process ‘owners’ may be necessary;
- Work often requiring communication across several organizational borders, outside the regular business information flow;
- Throughout the LCA, for all unit processes, the quantity of each product, pollutant, resource, etc. has to be measured in the same way. Additionally, the nomenclature used for the denotation of flows and other environmental exchanges also needs to be consistent throughout the product system.

DATA TYPES

Even though much data is available through databases, there are always some processes that are not listed or the available data is not representative of the process required. Data is separated into two types:

- **Foreground** data: specific data required to model the specific system. Typically data describing a specific product and production system.
- **Background** data: information for generic materials, energy, transport and waste management systems. This type of data can be typically found in literature and databases.